



AGE FRIENDLY INITIATIVE
Miami-Dade County

Advisory Committee Meeting

Miami-Dade Age-Friendly Initiative
April 19, 2016, 3:30 – 5:00 pm

Health Foundation of South Florida
2 South Biscayne Blvd., Suite 1710
Miami, FL 33131
Dial In Option: 305-330-4986, Pin: 28369

AGENDA

3:30 PM - 5:00 PM

Welcome & Introductions

Peter Wood
Director, Miami-Dade Age-Friendly Initiative
Health Foundation of South Florida

3:30
PM

Age-Friendly Mission & Structure

Isabel Rovira
Coordinator, Miami-Dade Age-Friendly Initiative
Urban Health Partnerships

3:45
PM

Year 3 Accomplishments

Isabel Rovira

3:55
PM

Year 4 Components

Isabel Rovira

4:10
PM

Age-Friendly Movement & Partner Announcements

Isabel Rovira

4:25
PM

Get Involved & Closing

Peter Wood

4:50
PM

Miami-Dade

Age-Friendly Initiative

Mission: Create a community for all ages, where older adults in Miami-Dade can stay active and healthy with dignity and enjoyment.

AGE-FRIENDLY INITIATIVE ORIGINS



- Size and proportion of older adults is growing
- There had been no on-going, coordinated effort
- GIA/Pfizer presented an opportunity to HFSF to support an effort
- Identified a set of projects for Year 1 (2013)
- Year 1 projects led to Years 2 & 3 projects (2014 - 2015)
- Now we are at a turning point to sustain the initiative

AGE-FRIENDLY INITIATIVE STRUCTURE

- Infrastructure
 - Lead Agencies
 - Advisory Committee
 - Coordinating Organization
 - Capacity building
 - Operational Resources
- Framework
 - Collective Impact
 - Policy, Systems & Environmental Changes
 - Priority Focus Areas

AGE FRIENDLY INITIATIVE
Miami-Dade County 





LOOKING BACK:
Year 3
Accomplishments

Leadership Development

- Sustained & Expanded Age-Friendly Initiative Steering (Advisory) Committee
- Developed Group of Lead Agencies and signed MOU's
- Support from the Mayor's Office and County

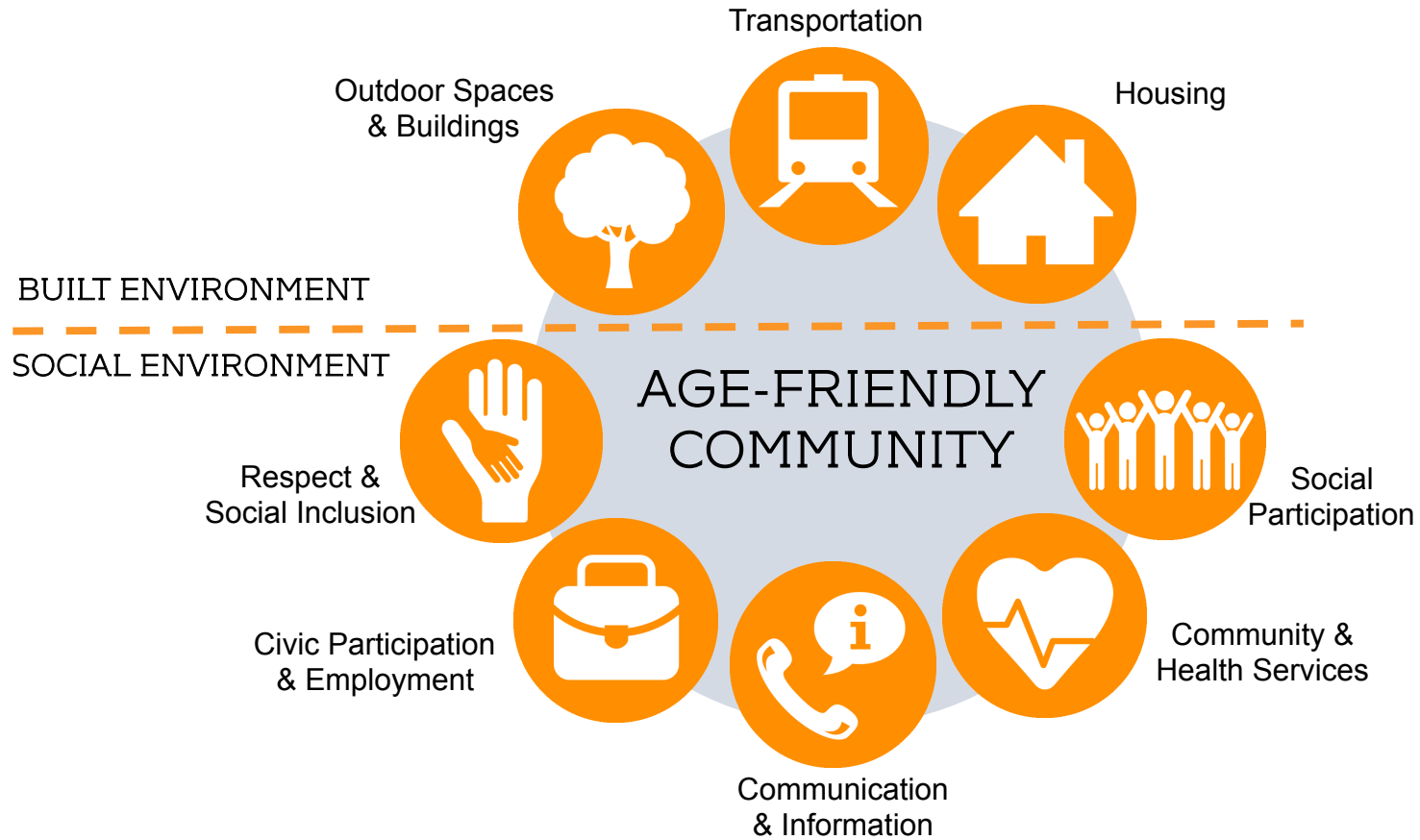


Priorities & Action Plan

- Developed multi-sectorial work group to develop plan using RBA framework
- Created *Action Plan for an Age-Friendly Miami-Dade* (available at www.agefriendlymiami.org/actionplan)
- Identified three initial priority areas



AGE-FRIENDLY DOMAINS



Adapted from: Suzanne Garon, University of Sherbrooke

AWARENESS CAMPAIGN & AGE-FRIENDLY SUMMIT



Join Us For
The Age-Friendly Summit
Shaping Our Community For All Ages

An interactive series of discussions and presentations with local government officials and community leaders aimed at making Greater Miami a better place for our citizens of all ages, especially older adults.

Miami-Dade County's population is getting older, and we're not prepared. So we need to act now and act locally to make our community age-friendly. *Let's work toward change - together.*

—Tuesday—
5-12-15
8:30 am to 2:00 pm

Newman Alumni Center - University of Miami
6200 San Armand Drive - Coral Gables, FL 33146
Program planned by AARP Florida, Alliance for Aging, Health Foundation of South Florida, Miami-Dade County Urban Health Partnership, and United Way of Miami-Dade

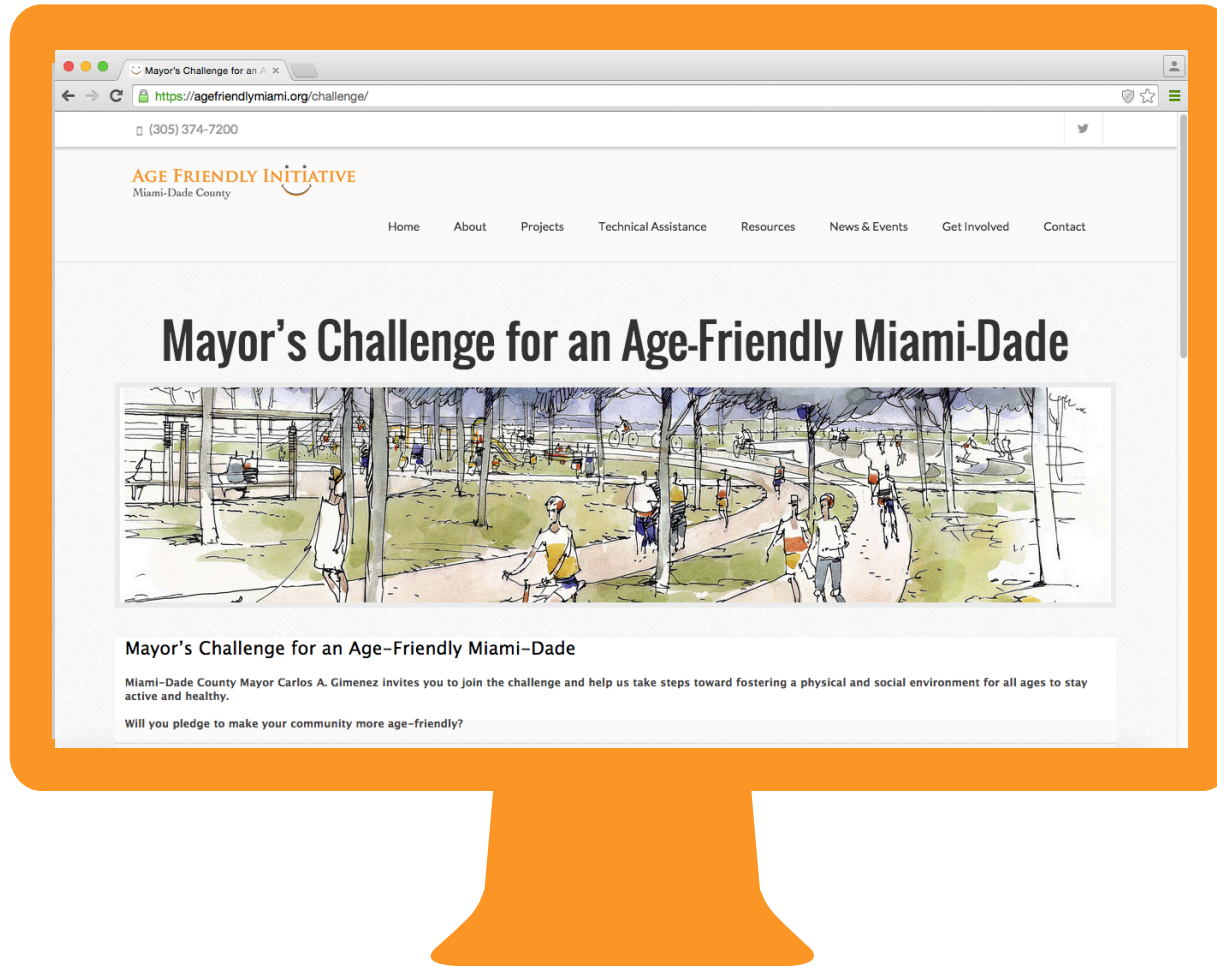
RSVP at AgeFriendlyMiami.org
or 786-224-2309

Continental breakfast and lunch will be provided

AGE FRIENDLY INITIATIVE
Miami-Dade County



MAYOR'S CHALLENGE



FEATURE COVERAGE

MON, JULY 20TH VIDEOS | EVENTS | BLOGS | PHOTOS | SIGN IN

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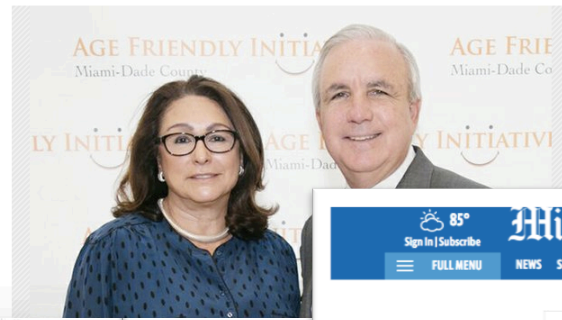
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The age-friendly summit attracts Miami-Dade business, civic elite

5/20/2015, 2:38 p.m.



WELLS FARGO FOR A LIMITED TIME

Qualified Wells Fargo customers get special interest rate discounts on Personal Loans and Lines of Credit

The Great Rate Event

7/1/2 - 8/31/15. Subject to credit qualification.

[Learn More](#)

A MEETING OF MINDS: Mac Rothman, president and CEO of the Alliance for Aging Action, speaks to attendees at Miami-Dade's first Age-Friendly Summit in the Newman Auditorium Center on L.M.

Aiming to get wiser as population gets older

Miami-Dade's first Age-Friendly Summit drew more than 150 people, including elected officials and policy makers wrestling with the challenges of a county projected to get grayer.

BY ANA YECIANA-SUAREZ

To make neighborhoods safer and more accessible to older adults, cities must make these communities more attractive to everyone, speakers said during a conference on Tuesday. And to accomplish a dizzying list of age-friendly goals, groups — sometimes competing for the same resources — will have to hand-to-gauntlet for the common good.



PLANNING MODE: Gail Folley, of the Florida Department of Transportation, speaks during Miami-Dade's first Age-Friendly Summit at L.M.

changes. But bicycle friendly, pedestrian friendly, children friendly, they can be."

Hill was the keynote speaker at Miami-Dade's first Age-Friendly Summit, which brought more than 150 people to the University of Miami Newman Alumni Center. The attendees included elected officials as well as policy makers wrestling with the challenges of a county projected to get grayer. The summit was organized by the Age-Friendly Initiative, a collaborative program of municipal agencies, funded in part by Grantmakers in Aging and the Pfizer Foundation.

Experts estimate that the U.S. 65-and-older population will more than double to 99 million by 2030. In Miami-Dade, which already has the largest population of older adults in Florida, three

design and civic development who has led master planning projects around the country. "Age-friendly is an enough to make the

TURN TO SUMMIT, 28

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HARRY'S

HANDSOMER SHARPER LESS EXPENSIVE TRY HARRY'S

Editorials MAY 19, 2015

As baby boomers age

AND NOW, IT'S closer THAN EVER.

WEBSITE & SOCIAL MEDIA



COLLATERAL & ADVERTISING



A Community For All Ages

The Age-Friendly Initiative, a joint program led by a number of South Florida nonprofits, seeks to raise civic and business leaders' understanding of the issues associated with an aging population, as well as how to address those issues at the local level. The initiative's mission is to make Miami-Dade a place for older adults of all ages to stay active and healthy with dignity and enjoyment, making our community safer, more livable, and more desirable for people of all ages.

Miami-Dade Is Getting Older

Miami-Dade has the largest population of older adults in Florida, and it's growing fast. Soon, three out of ten people here will be 60 years or older. But we're not prepared. We don't have enough affordable housing; we don't have transportation geared toward the needs of older adults; and we don't have enough safe, enjoyable, and accessible places for seniors to spend their time, reducing the number of older adults that live in isolation or who are inactive. Older adults are a prized demographic with an active voting record, buying power, and job experience. It is everyone's responsibility to ensure this group is well-served. We have resources and know-how to get started, but we need additional support and leadership to implement solutions and make our communities more age-friendly.

AGE-FRIENDLY INITIATIVE
Miami-Dade County

Dear Changemaker,

It's time! In 2011, the Age-Friendly Initiative received a three-year grant from Grantmakers In Aging and dove into long-term plans to make Miami-Dade County safe, comfortable, and enjoyable for people of all ages.

Fast-forward four years... and we've already witnessed a major shift in the understanding of issues associated with an aging population. Recognizing that Florida's population of seniors is on the rise, our business and civic leaders have joined together to support concerns like outdoor spaces and buildings, transportation, and housing.

We hope you'll review this brochure and help us meet the needs of this very important segment of the community.

With gratitude,
Miami-Dade Age-Friendly Initiative

@AgeFriendlyMIA | www.AgeFriendlyMiami.org

Taking Steps Towards Change

- 2011** • The Age-Friendly Initiative evolves from the Healthy Aging regional Collaborative initiative. Steering committee forms to foster multi-sectoral leadership.
- The initiative receives a three-year grant to create communities for all ages from Grantmakers In Aging. Four other sites in the U.S. are funded.
- 2013** • Age-friendly revisions are made to long-term County planning policies affecting land use, community health and design, and transportation. Park programming and infrastructure for older adults get improved.
- Safety and ease with which older adults walk to neighborhood amenities like banks, grocery stores, and pharmacies, is improved.
- 2014** • The initiative increases employment opportunities for older adults, and improves access to information for businesses.
- The Initiative completes a study on stakeholder attitudes towards older adults issues.
- Study receives support from Miami-Dade County Mayor's Office.
- 2015** • The first Age-Friendly Summit attracts business and civic leaders to raise understanding of the issues associated with an aging population.
- A five-year action plan comes to fruition, setting the tone for the next.

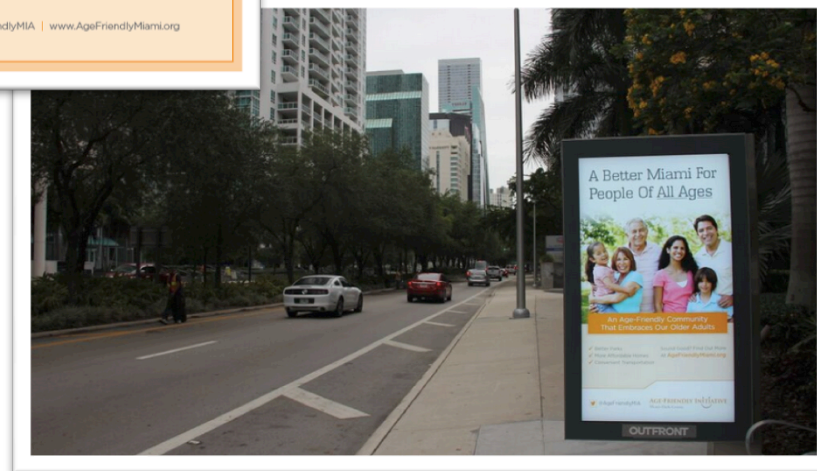
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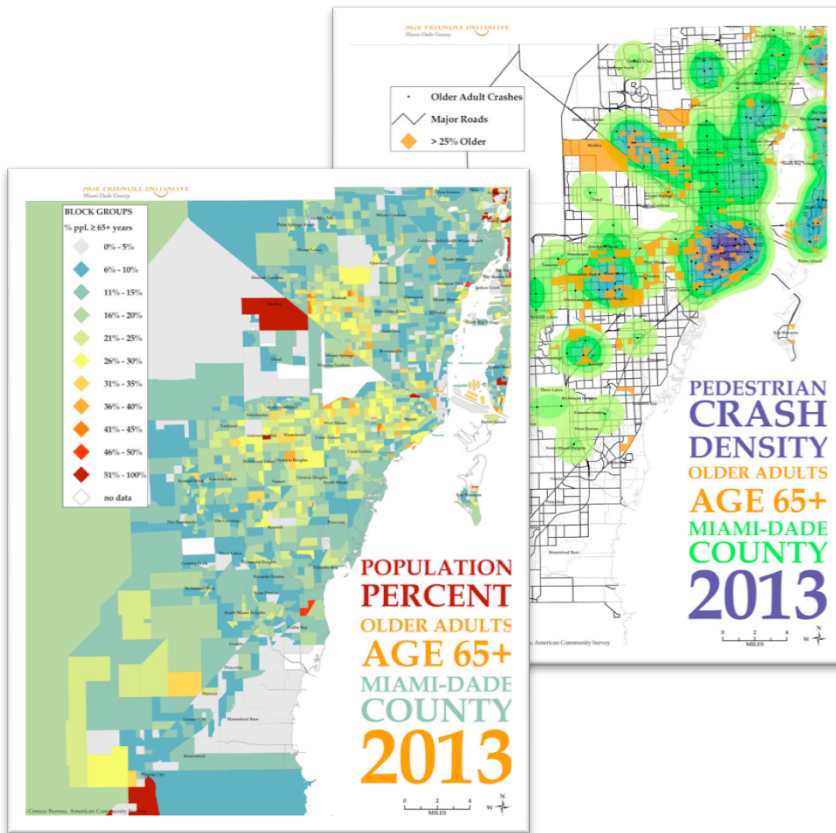


New Ideas To Help Older Adults

AGE-FRIENDLY INITIATIVE
Miami-Dade County



MAPS & INFOGRAPHICS



POLICY

The screenshot shows the Miami-Dade County website's 'REGULATORY & ECONOMIC RESOURCES' section. The navigation bar includes links for Home, Building, Business, Environment, Licenses, Permits, Planning, and Zoning. The 'Planning' section is active, displaying the 'Comprehensive Development Master Plan (CDMP)' page. A sidebar on the left lists 'ONLINE SERVICES' and 'TOPICS OF INTEREST' such as 'CDMP (Development Plan)', 'Adopted Components', 'Amendment Process', 'Amendment Cycles', 'Upcoming Hearings', 'Special Amendment Applications', and 'Evaluation & Amendment Report'. The main content area provides an overview of the CDMP, stating it expresses the county's general objectives and policies for the next 10-20 years, and lists three key goals: 1. At a rate commensurate with projected population and economic growth. 2. In a contiguous pattern centered around a network of high-intensity urban centers well-connected by multi-modal intra-urban transportation facilities. 3. In locations which optimize efficiency in public service delivery and conservation of valuable natural resources.

The cover of the 'MIAMI-DADE 2040 Long Range Transportation Plan' report features the title in large blue letters and the subtitle 'Long Range Transportation Plan' below it. The date 'October 23, 2014' is printed in the bottom right. The top left corner includes the 'MOBILITY OPTIONS 2040' logo with the tagline 'MIAMI-DADE Transportation Plan EYES ON THE FUTURE'. Below the title are four small images illustrating different transportation modes: a modern transit station, a highway interchange, a person riding a bicycle, and a boat on the water. The Miami-Dade Metropolitan Planning Organization (MPO) logo is centered below the images. The bottom half of the cover is dominated by a large, high-angle photograph of a city skyline along a waterfront, with a large stadium-like building in the foreground. A small credit line at the bottom left of the photo reads 'Photo by Asad Olajit'.

SAFE ROUTES TO AGE IN PLACE & BUSINESS DISTRICT

Public Policy


An Audit of a Diverse Community for Safe Routes to Age in Place

Environmental Policy Implications

Adriano Perez, PhD, ANP-BC, RAN, Anamater Garcia, MPH, Rebecca H. Hunter, MS, and David X. Marquez, PhD

ABSTRACT

Physical and cognitive limitations of an accompany aging, increasing the importance of a safe and supportive environment to help older adults maintain mobility. Neighborhood design and maintenance must be evaluated to promote physical activity, mobility, and safety. Audit tools, geographic information system data, and resident interviews are used for this purpose, but often fail to provide information that can be translated to practice. The current project is part of a larger Miami Dade Age-Friendly Initiative to create a metropolitan area that fosters a healthy environment for diverse adults of all ages and abilities. Safe Routes uses a toolkit based on the 3-E model providing practical resources to guide stakeholders in meeting the needs of the community. Findings include the Centers for Disease Control Healthy Aging Research Network Audit Tool assessment for environmental walkability factors. Results from street segment audits along with input from residents can be used to inform sound environmental policies. *Journal of Gerontological Nursing* 47(8), 13-21.



ABOUT THE AUTHOR

Dr. Perez is a Visiting Professor and Southwest Researcher at School of Nursing and Health Innovation, Arizona State University, Phoenix, Arizona. Dr. Hunter is a Partner, Urban Health Solutions, LLC, and Executive Director, City of Miami, Florida. Dr. Hunter is Research Associate, I Center for Health Promotion and Disease Prevention, United Chapel Hill, Chapel Hill, North Carolina and Dr. Marquez is a member of Neurology and Neurosurgery, University of Illinois at Chicago. Dr. Perez received funding from United Health Solutions, Inc. Dr. Hunter received grant from Health Affairs. Dr. Hunter received funding from the Centers for Disease Control and Prevention under his doctoral dissertation on environmental factors. Address correspondence to Adriano Perez, PhD, ANP-BC, and Southwest Researcher at School of Nursing and Health Innovation, 402 N. 1st Street, Phoenix, AZ 85004. e-mail: 10.1023/0289124-20130201-01

JOURNAL OF GERONTOLOGICAL NURSING • VOL. 47, NO. 8, 2013



AGE FRIENDLY INITIATIVE
Miami-Dade County
Hosted by Health Foundation of South Florida

TOOLKITS & GUIDES





THE ROAD
AHEAD: Year 4
Components

SUMMARY OF YEAR 4 WORKPLAN



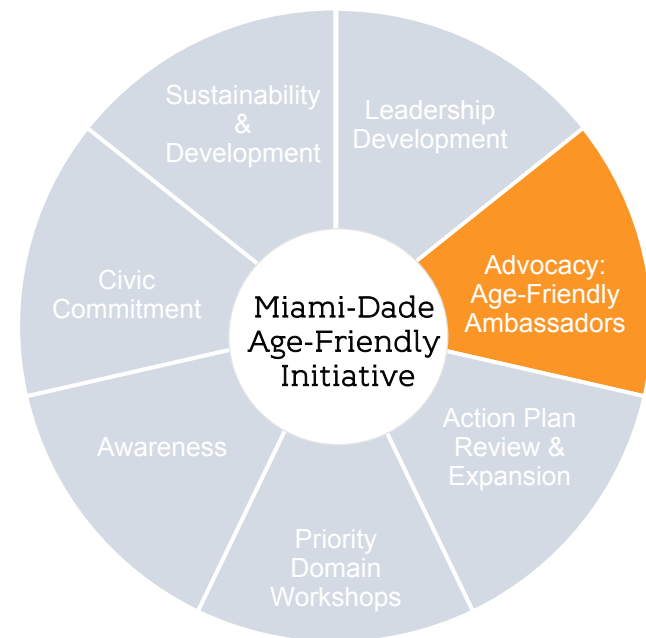
Leadership Development

- **Objective:** To support the Initiative by facilitating Lead Agency and Advisory Committee meetings and encouraging an informational exchange between all.



Advocacy: Age-Friendly Ambassadors

- **Objective:** To identify key boards in Miami-Dade County, which would benefit from an older adult lens. Recruit and train older adult advocates or “ambassadors” to sit on these boards.



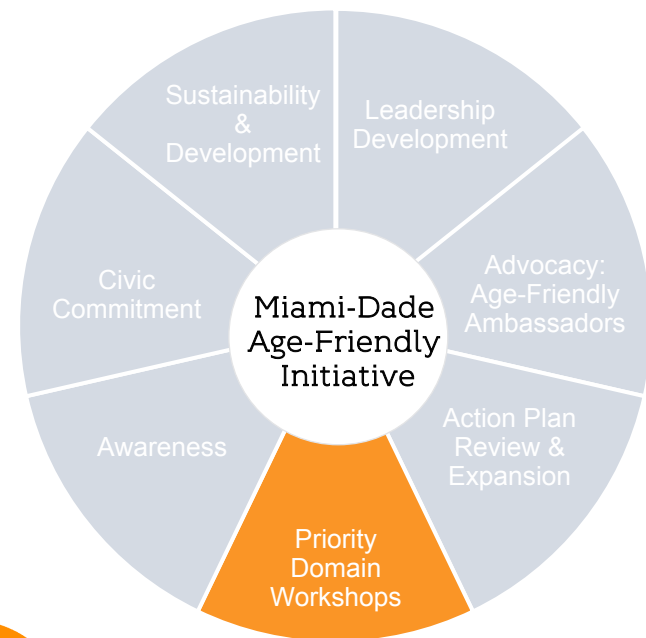
Action Plan: Review & Expansion

- **Objective:** To develop and convene workgroups to review and update action plan, as well as add an additional domain in order to assist with planning of future Age-Friendly Initiative work.



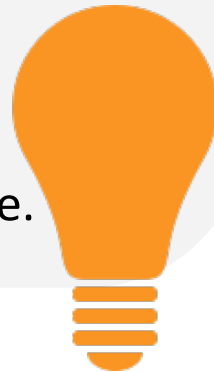
Priority Domain Workshops

- **Objective:** To convene workshops in each priority area of Housing, Transportation, and Outdoor Spaces. Each workshop will provide tools and information to municipal leaders that are interested in implementing age-friendly changes in their community and will provide ideas for policy, systems, and environmental change strategies that may be implemented at the local level.



Awareness

- **Objective:** Increase awareness of the initiative and build momentum toward the need for age-friendly work through the development of online materials, email blasts, and social media to reach target groups including stakeholders, elected officials, and funders. Share materials and information with lead agencies and partners in order to continue to share the work and message.



Civic Commitment

- **Objective:** Work to increase civic commitment to older adults through increasing the number of municipalities on board signing the Pledge and development of an Older Adults in All Policies Model Resolution.

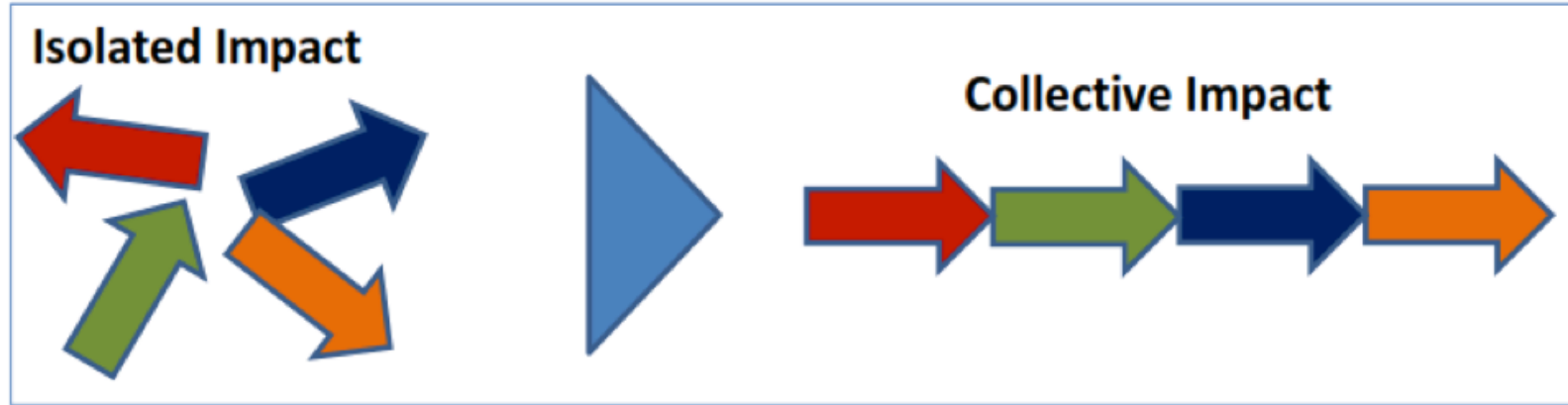


Sustainability & Development

- **Objective:** To seek development activities to secure additional support and funding. Outline projects and write grants to expand resources and complete additional projects.



AGE-FRIENDLY MOVEMENT



PARTNER NEWS & ANNOUNCEMENTS

- Alliance for Aging Community Conversations
- Advisory Committee Announcements

GET INVOLVED



WAYS TO GET INVOLVED

- Join a Workgroup
- Provide input & feedback
- Share your projects, events, and updates
- Help share age-friendly message and information

Next Advisory Committee Meeting

Tuesday, July 19, 2016

11: 00 am



FOLLOW US



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THANK YOU!

www.AgeFriendlyMiami.org

isabel@urbanhs.com

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